

MY COURSES

Section: Psychology and personal growth

- Getting to know our personality through the Enneagram
First level: anatomy of the nine personalities
Duration: basic course 2 days
Duration: intensive basic course 1 day
- Getting to know our personality through the Enneagram
Second level: relations between personalities
Duration: 1 day
- Getting to know our personality through the Enneagram
Third level: daily practice to identify our compulsions and improve our relationship with ourselves and other people.
Duration: 1 day
Note: you can also take part at the basic course only
- Basic course of body language interpretation
Postures and gestures in everyday life
Duration: 1 day
- Basic motivational course: goals setting and public speaking
Duration: 2 days
Intensive: 1 day
- Ethic course: what is it, fundamentals, moral, ethical prejudices, the 6 ethical levels according to behaviors
Duration: 1 day

